

HOMEOPATHY
FOR PANDAS/
PANS
& COMPLEX
KIDS

JUNE 9, 2021

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LEMKE, ND

www.homeopathyforcomplexchildren.com

Coupon: Heal2021 – 20% off, until June

THE PANDEMIC OF COMPLEX KIDS



"The greatest crisis that America faces today is the chronic disease epidemic in America's children."

- Robert F. Kennedy, Jr.

- 1 in 54 children have Autism. In New Jersey it is 1 in 28 boys! Many children with Autism also have a diagnosis of PANDAS/PANS, they overlap.
- The proportion of public school children using special education services is estimated at 13% to 25% of school populations.
- More than 54% of American children are suffering from one or more chronic illnesses.
- How do we interpret these kids and their symptoms in homeopathy? We need a new Materia Medica: Healing Complex Children with Homeopathy.
- In Sensation Process – what do these behaviors MEAN?

THE HOMEOPATHIC PERSPECTIVE

IMMUNITY IS EXPRESSED AT THE NEUROLOGIC LEVEL (behavioral/tics, etc.), and no longer at the mucous membrane level (runny noses, rashes, etc.).

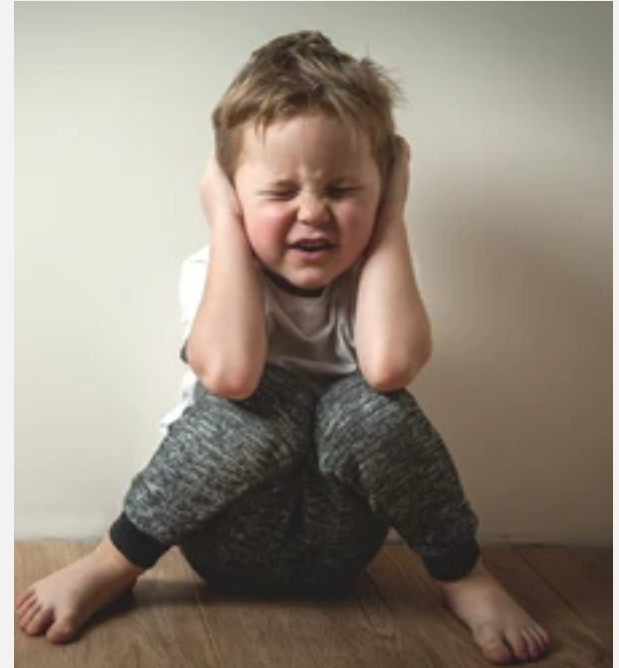
In homeopathy this is due to SUPPRESSION and IMMUNE BREAKDOWN.

Breakdown of immunity is rapidly accelerating on a global scale!

ASD, PDD-NOS, PANDAS, PANS, ODD, ADHD, etc... these are all on a spectrum of immune dysfunction.

Many ASD kids will have issues with strep autoimmunity and Lyme coinfections, but don't have the sudden onset of PANDAS/PANS

The broken immunity of kids allows the full expression of various pathogens – stimming, OCD, anxiety –and is often the energetic expression of that pathogen itself

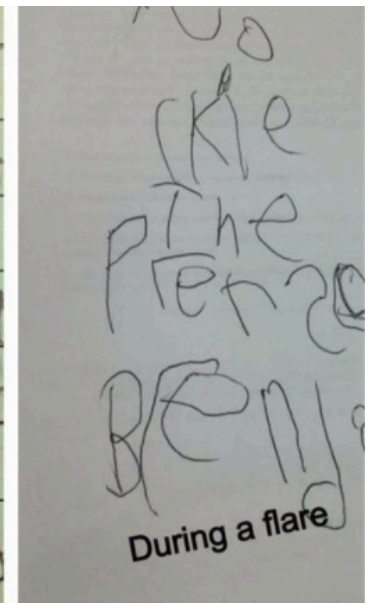
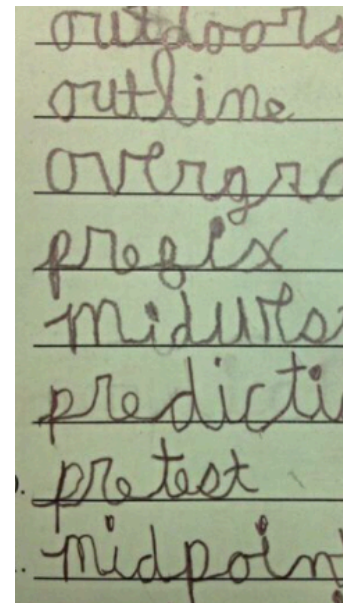
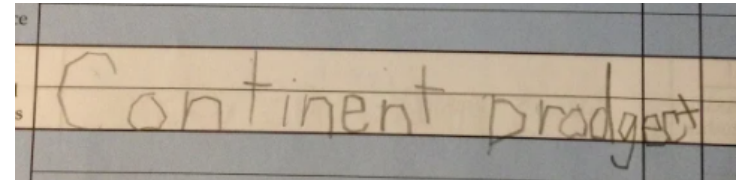


WHAT IS PANDAS?

Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections

- Obsessive Compulsive Disorder (OCD) and/or tic disorders which worsen following strep infections such as strep throat and scarlet fever
- Emotional lability, rage attacks, oppositional, personality changes
- Deterioration in schoolwork, math, writing, concentration
- Unusually abrupt onset of symptoms or a relapsing-remitting course of symptom severity
- Severe separation anxiety
- Motoric hyperactivity, abnormal movements, and a sense of restlessness
- Sensory abnormalities, including hyper-sensitivity to light or sounds, distortions of visual perceptions, and occasionally, visual or auditory hallucinations
- Increased urinary frequency and a new onset of bed-wetting
- Abrupt onset of depression can also occur
- Developmental regression, including temper tantrums, "baby talk"

CLASSIC CASE/PRESENTATION



WHAT IS PANS?

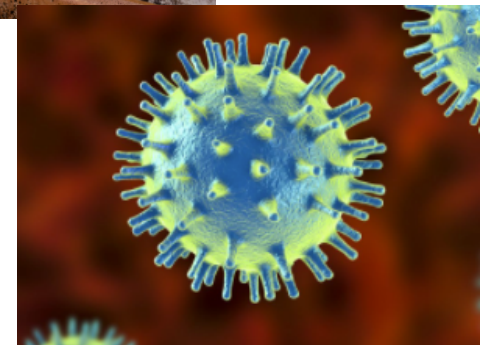
PANS is a newer term used to describe the larger class of acute-onset OCD cases. PANS stands for Pediatric Acute-onset Neuropsychiatric Syndrome and includes all cases of acute onset OCD, not just those associated with streptococcal infections.

Often underlying immune issues are Lyme, mold, viral or parasitic.

Abrupt, dramatic onset of obsessive-compulsive disorder or severely restricted food intake

As well as some combination of:

- Anxiety (particularly separation anxiety)
- Emotional lability (extreme mood swings) and/or depression
- Irritability, aggression and/or severely oppositional behaviors
- Behavioral (developmental) regression (such as baby talk, throwing temper tantrums, etc.)
- Deterioration in school performance
- Sensory or motor abnormalities
- Sleep disturbances, bedwetting, or increased urinary frequency



STANDARD TREATMENT

While PANDAS research has been around for 20 years, many doctors refuse to accept it as a diagnosis. Many cases will be referred to psychiatry or given psych meds.

There are pediatric neurologists who specialize in PANDAS.

The Cunningham Panel is a blood test which measures the levels of circulating autoantibodies associated with certain neurologic and psychiatric symptoms. Elevated levels indicate that symptoms may be due to an infection-driven autoimmune problem, rather than a neuropsychiatric disorder.

WESTERN MEDICINE PANDAS/PANS treatment:

- Long-term or prophylactic antibiotics
- Steroids
- IVIG (intravenous immunoglobulins)
- Anti-inflammatory drugs (acetaminophen, etc.)
- Cognitive Behavioral Therapy
- Tonsillectomy



WHAT HOMEOPATHY CAN DO

A NEWSPAPER ARTICLE ON PANDAS SUCCESSFULLY TREATED WITH HOMEOPATHY THAT WAS NATIONALLY SYNDICATED

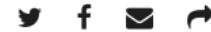
www.homeopathyforcomplexchildren.com/articles/

NATIONAL

It started with strep throat. Then ‘it’s like your kid died but they’re still there’

BY KATE STEVENS *CORRESPONDENT*

SEPTEMBER 12, 2017 02:03 PM, UPDATED SEPTEMBER 12, 2017 03:07 PM



Carson Spears, 11, has PANS, a disorder where his body's antibodies attack his brain instead of foreign pathogens. Homeopathic treatment has helped him, however. KATE STEVENS

Molly



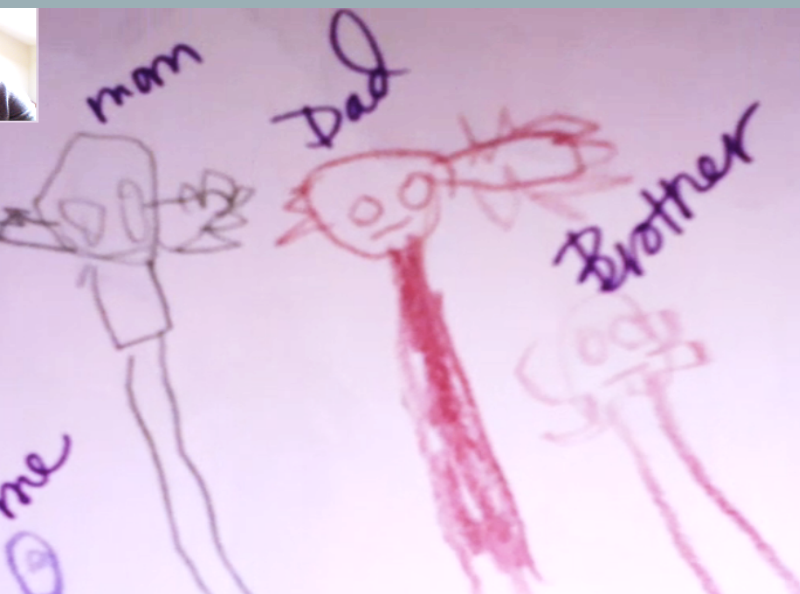
May 2012
Before Homeopathy
Treatment



August 2012
After Homeopathy
Treatment

*PANS Case Lyme/strep
– 10 year old girl –
China officinalis*

<https://www.homeopathyhive.com/podcast>



*PANDAS/
Parasite
case 6 year
old girl –
Cina*



HOMEOPATHIC STRATEGIES

Constitutional remedies, such as:

- Suppression—Ignatia, Staphysagria, Carcinosin, Anacardium, Lac remedies
- Neurologic in nature (tics/twitches/seizures) — spider remedies, Zincum, Argentum, etc.
- Parasitic and other infectious nature—snake remedies, China officinalis, Cina

Nosodes dosed intercurrently:

- Miasmatic—especially Carcinosin and Tuberculinum
- Nosodes/infections that show up on labs—bacterial, viral
- Nosodes that show some clinical presentation—Streptococcinum

Tautopathy/drug clears dosed intercurrently

Sarcodes and detox organ support

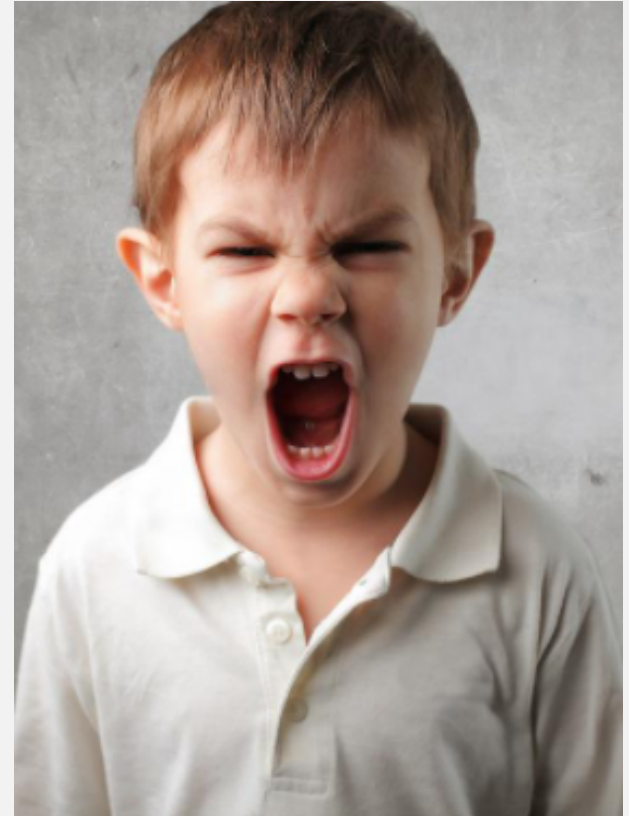
Empowering the family: PARENT'S INTUITION

CONSTITUTIONALS: STAGE 1

EMERGENCY/BRAIN INFLAMMATION/FIGHT OR FLIGHT/ SEIZURE

This is often the FIRST STAGE you can see a case in:

- Bella/Hyos/Stramonium/Atropinum—dilated pupils, pounding migraines, superhuman, can't control, in survival brain.
- Adrenalinum
- Opium/Morphinum—lack of sense of pain/wants to escape
- Aconite—PTSD, fear of flying, closed in spaces, need company. Great for when acute colds/infections come into body.
- Cina/Absinthum—parasites are huge here. May need more than homeopathy to deal with parasites.
- Animal remedies—snakes, spiders, especially when aggressive
- Many other smaller seizure remedies (Clerodendrum inerme)
- See acute rage and seizure remedy differentials in the book



CONSTITUTIONALS: STAGE 2

TREAT SUPPRESSION

Top remedies for Suppression: Anacardium, Lac caninum, Ignatia, Staphysagria, Carcinosa (see chart in the book). Examples:

- Suppressed anger: Anacardium, Rhus tox, Staphysagria, Ruta, Carcinosa
- Suppressed grief: Ignatia, Upas Tincture, Strychninum, Nat mur, Nux vomica, Staphysagria
- Suppressed pain: Opium, Sanguinaria, Bellis perennis, Arnica
- Suppressed nervous system: Zincum, Cicuta, Thuja, Carc, Mezerium
- Suppressed immune system: Carcinosa, Thuja, Conium, Natrum mur
- Controlling out of fear: Arsenicum, Cuprum cum carc, Ferrum met, Aurum met

OCD

- Cuprum: chorea from trying to hold in things too tight
- Zincum: repetitive stuff, overstimulated, restless jerking limbs
- Spider remedies

PLUS drug clears, vaccine nosodes, etc.



CONSTITUTIONALS: STAGE 3

TREAT IMMUNE WEAKNESS

- See chart in the book “Insecure kids with weakened immunity”
 - Calcarea carb—am I doing it right? This is the right way to do it.
 - Nat mur—will I connect with someone? No, I won’t, so I close off.
 - Kali carb—Don’t want to try it. But rigid about how you do it.
 - Silica—I keep myself inside, so others will be happy. Mild mannered.
 - Thuja—I stay strong on the outside because I am vulnerable and weak on the inside

***PLUS IMMUNE SUPPORT,
NATUROPATHIC STUFF, SARCODES like
THYMUS, ETC***



CONSTITUTIONALS: MIASMS

Treat deeper levels of dysfunction, miasms:

- Tuberculinum—very common
- Carcinosin – very common
- Medhorrhinum—somewhat common
- Syphillinum and Psorinum—not as common

Additional treatments for deeper dysfunction:

- Reptile remedies (such as Lachesis)—PANDAS/PANS cases with darkness, deceit
- Spider remedies (Tarentula)—PANDAS/PANS cases with dark manipulation
- Parasites—may need herbals on a regular basis
- Could also need to work on the whole family, spirituality of family, etc.



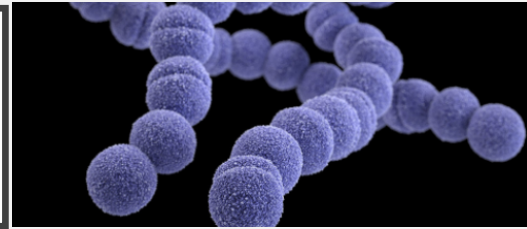
STREPTOCOCCINUM



The remedy of AUTOIMMUNITY or SELF ATTACK: “I am negative about myself and attack my sense of self. I suppress my natural feelings because of expectations of how I am supposed to be. I need to be perfect but am not good enough, I am a failure.”

- Obsessive Compulsive Disorder—lining up things/toys, closing of doors, washing hands
- OCD throat clearing, OCD handwashing
- Meltdowns, defiance, angry if they don't get it right or their way
- Ritualistic; bedtime rituals to calm fears at night
- Major separation anxiety, meltdown when separated from parent
- Poor handwriting and difficulty with math skills
- Germaphobia
- Perfectionism
- Self-talk, “baby voice” talk and verbal stims
- Age regression
- Tantrums if rituals are disturbed
- Gets angry at the sound of people chewing, breathing, blowing their nose, babies crying, etc.
- General oversensitivity to noise, other stimuli, and touch
- Poor self-esteem, turning away from positive attention
- Suppressed grief in the family/mother

STREPTOCOCCINUM



EXAMPLES FROM PARENTS:

- He says negative things like “I am dumb” or “I hate myself” or “Today is going to be so boring.”
- A man told his brother that he liked his shirt. He started to cry in the middle of Starbucks saying that nobody ever says that they like his shirt or give him compliments.
- He would contradict whatever I say even if it was factual. If I said it was a nice sunny day, he would say “No it is not”
- He is oppositional and difficult to transition, gets things stuck in his mind. Wants things right now in this moment
- “I’m having bad thoughts”, “I am thinking about someone killing me” “I am thinking I don’t want to kill myself” This seemed to be a recurring theme that progressed. Death, dying, kill and killing. It was so foreign because we have never seen a violent movie before.

STREP REMEDY DIFFERENTIALS



Strep pyogenes (Streptococcinum)

- Tics stem from the face, mouth, or throat
- When there is a history of throat/glandular swelling and sinus infections
- Irritability from emotional pressure; will snap and yell when feeling pressured

Strep pneumoniae (Pneumococcinum)

- Coughing tics, tics involving the chest/breathing
- History of bad coughs/upper respiratory strep infections, breathlessness

Strep faecalis (Enterococcinum)

- When primary issues center around GI system; nausea, anorexia, anal rashes
- Anorexia, loss of appetite
- Red ring on anus, gluteal rashes
- Stomach pains can be prominent
- Tics less prominent, but oppositional behavior and confrontational behavior more pronounced

Strep viridans

- When parasites are a concomitant issue

Strep agalactiae (Group B Strep/GBS)

- When there has been infant infection/neonatal transmission of strep or possibly to clear antibiotic suppression of GBS during pregnancy

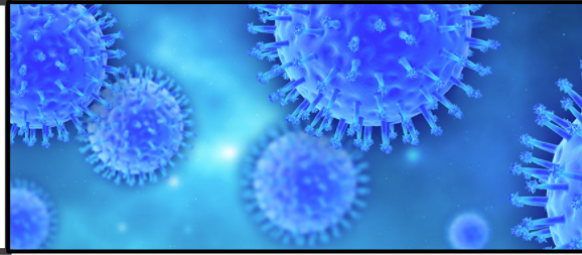
Scarlatinum

- This nosode is prepared from swabs from the pharynx or squamae (epidermic scales) of scarlet fever patients
- When there is a strong family history of autoimmunity
- Cardiac and circulatory disorders, angina
- Chronic arthritis, joint pains
- Dry skin diseases with red outlines, psoriasis

Strep Mutans

- When cavities are prominent

VIRAL NOSODES



Influenzinum, Coxsackie, Herpes simplex, HHV6, Hepatitis A, B, C, Lyssinum, Varicella, Morbillinum, Mono, CMV, etc. ALSO – Carcinosin and Thuja are KEY here.

Can be useful for tics, speedy behaviors, ADHD, sound/nerve sensitivity

- Overdoing to meet the expectations of others
- Going, going, going...burn out
- Need to rest
- Balance between going and rest
- Taking in information—information overload—body is wound up and wired
- Information is scattered and disorganized in the head
- Don't know what information to keep and what to throw out
- Then like a computer, we crash; need to be shut down and cleaned out
- Going, going, going; not taking care of yourself to meet other people's expectations versus loving what you are doing
- Taking on a thought/behavior that is not authentically yours
- Kids who are nervous about what all the other kids and teachers at school think; fearful of judgment

LYME NOSODES



Autoimmune reactions develop when body is looking for Lyme infections/coinfections. This is often the deepest layer.

Borrelia

Explosive irritability. Arthritic pains. Hypersensitivity to light, sound, touch, smells. Emotional lability. Brain fog. Hallucinations. Spatial disorientation. Headaches in children.

Bartonella

Rage psychosis, hallucinations, delusional fears. Broken veins, bruises, spider veins. One of the darkest energies—similar to Anacardium and Lachesis.

Babesia

Similar to Borrelia. Hand and feet issues, such as staring at them. Cardiovascular symptoms, unexpressed emotion. Appetite and digestive issues.

Rickettsia

Similar to Babesia and Borrelia—random aching in joints, confusion, lethargy, neuropathies.

<u>ISOPATHY</u>	VACCINES	PHARMA DRUG	NOSODES
FOOD ALLERGENS	HEAVY METALS	ENVIRO TOXINS	EMF REMEDIES

Intercurrent dosing: Not always necessary but can be very helpful in complex cases when the case needs clearing of suppressed infections and medications

Example schedule of dosing:

Week 1:

- Isopathic 30C on Monday and Thursday
- Constitutional on Saturday

Week 2:

- Isopathic 200C on Monday and Thursday
- Constitutional on Saturday

Week 3:

- Isopathic 1M on Monday
- Constitutional on Saturday

* This type of protocol can be followed but most homeopaths will alter this based on what they intuit and based on the child's sensitivity/response level

MORE ISOPATHY



- Vaccines, either in combination or individually (poly comb vaccine), or individual nosodes of the pathogens within vaccines (measles virus, tetanus virus, pertussinum, etc.)
- Ingredients from toxins within vaccines: aluminum, mercury, formaldehyde
- Metals, either in combination or individually (poly comb metals)
- Ultrasound
- Car exhaust, Poly Environmental Toxins
- Glyphosate/Roundup
- MSG
- Corn syrup and sugar (sach off),
- Alcohol/Alcoholus/Ethylicum
- Mixed Molds, Poly Fungi Plus
- Poly Antibiotic
- Poly Anesthetics
- Poly Antifungals
- Poly Auto Toxins
- Poly Environmental Toxins
- Poly Hormone
- Poly In-Vitro Fertilization Meds (IFV)
- Poly Labor Meds
- Poly Narcotics
- Poly NSAIDs
- Poly Plastic Softeners
- Poly SSRI
- Poly Steroids
- Poly Tricyclic Antidepressant

LESSONS FROM FIGHTING INFECTION



Each disease has a negative emotional thought pattern that can be overcome, healing then becomes an opportunity for personal growth.

Lessons from Strep/PANDAS

Imbalanced thought: I am negative about myself and attack my sense of self. I need to be perfect but am not good enough, I am a failure.

Balanced thought: I love myself unconditionally and do not judge myself even when I make mistakes.

Lessons from Viruses/Flu

Imbalanced thought: I am going, going, going, I have to do, do, do, think, think, think, obsess, obsess, obsess. I have to meet the expectations of my environment so I ignore the needs of my body. I can't relax. I am in information and sensory overload.

Balanced thought: I slow down and am in the present moment. I am grounded and relaxed and allow my body to catch up and digest/sort through the information coming in.

LESSONS FROM COVID???

BOOK AND WEBSITES



Book can be purchased here for \$49:

homeopathyforcomplexchildren.com
[m](#)

Temporary coupon 20% off for those listening:

Heal2021

My website: www.intuitivehomeopathy.com

New cases are currently being referred to:

www.homeopathyhive.com